

New Forest CC (STTS)

P164/10

20/09/20

A semi sporting course in the New Forest that can be a sub 21 minutes for the top riders on a good day. The event will be based at Lyndhurst community centre in the main pay and display car park in lyndhurst

**IF YOU ARE SHOWING ANY SIGNS OF COVID 19 PLEASE
DO NOT COME TO THE EVENT**

Event Organiser

Aron Kelly

07769993805

mrakelly@yahoo.co.uk

Time Keepers/officials

Timekeepers: John Burridge, Maggie Bracher, Antony Green, Maria Golden

Registrar: Margaret Read

Results: Aron Kelly

Course Records

Solo Male: Matthew Buckley 20.58. 18/05/19

Solo Female: Christina Murray 23:11 18/05/19

Awards/Prizes

No awards will be given on the day. With all prizes being cash the winners will be contacted by me after the race and will have the option of a bank transfer or PayPal deposit.

1st senior male £20- 2nd senior male £15 -3rd senior male £10

1st vet male £20 - 2nd vet male £15 - 3rd vet male £10

1st senior female £20- 2nd senior female £15 -3rd senior female £10

1st vet female £20 2nd vet female £15 -3rd vet female £10

Fastest junior £20

Fastest team £30

Breaking Course record £30

Headquarters

The Lyndhurst community Centre, Main pay&display car park. Lyndhurst SO43 7NY

There is plenty of parking in this car park although it is pay&display and charges do apply on Sunday's. There is free car parking at Boltons bench & Parc pale if you wish to use then instead.

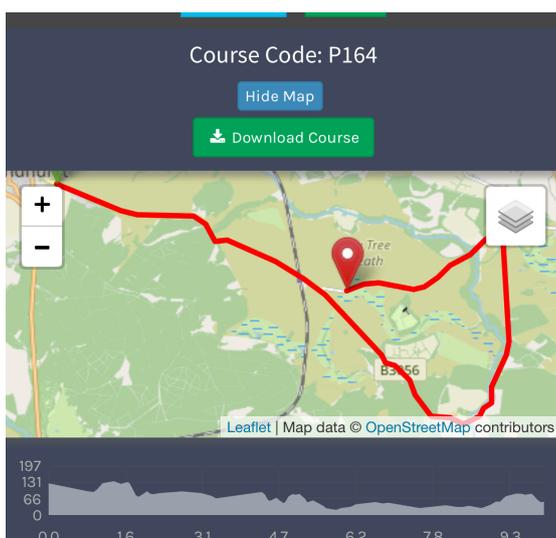
Signing on will be in the entrance to the centre under the canopy. We do have the use of the centres toilets, these are not to be used as changing rooms. The public toilets are open from 8am.

Signing on / off

Signing on will be under the canopy of the entrance to the centre. Where you will have to call out your name and race number you will then be signed in and be given your number. On return and signing out you must once again call your name and race number out wait for acknowledgement and then place your number in the tub next to the table.

Please be aware of the social distancing rules while queuing at HQ and the toilets.

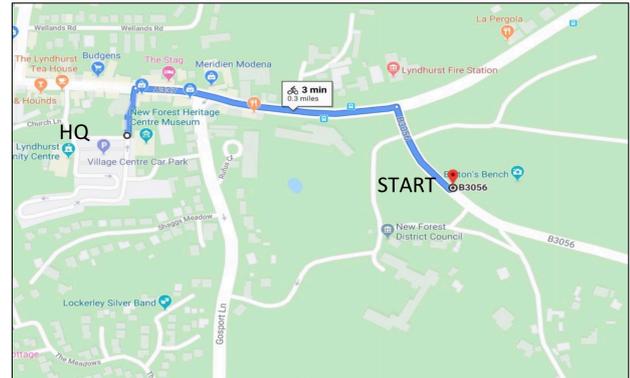
Course



START on B3056 (SU3045 0802), 360 metres SE of junction with A35, at SV marker No.4/9. Ride towards Beaulieu passing over railway at Beaulieu Road Station. Continue to Leygreen Farm (9.1km) and turn left. After 3.9km turn left at Ipley Cross Roads. Pass entrance to Ferny Crofts and FINISH at bottom of hill approx 400 metres east of junction with B3056, at culvert carrying stream under road

To the start

Proceed North out of the Community Centre exit onto the High Street and turn right (with care) into the one way system. Proceed along the High Street being mindful of pedestrians, and continue straight on (past the 'posh' car garage) to then turn right (with care) over the cattle grid into Beaulieu Road B3056. The start is a few hundred yards up on the left. Please allow 5 minutes journey time



Back to HQ after finish

After finishing, continue to junction off Beaulieu road and turn right with care (oncoming vehicles and riders still competing). Please ride in single file therefore not to cause any disruption to riders still racing. Follow the B3056 Beaulieu Road all the way back past the start area. With care, go over the cattle grid to turn left onto the A35 High Street. Proceed to bear left into the one way system keeping to the right hand lane where take the first right turn back into the main car park / Community Centre.

Safety instructions

- ~Beware of forest animals on the road all round the course – and motorists stopping because of them.
 - ~ Not do U-turns at the start or finish, within sight of the timekeeper.
 - ~Beware of traffic emerging from Car Parks and campsites around the course.
 - ~Take extra care on Beaulieu Road Station bridge which is narrow with reduced visibility.
 - ~Take care of the lumpy tree root under the tarmac just after the railway bridge and at the sign just past the hotel.
 - ~Take care on left turn at Leygreen which has reduced visibility and possibility of gravel.
 - ~Take care on left turn at Ipley crossroads which may have gravel. This is a sharp turn and is very easy to stray over the white line. There may be oncoming traffic!
 - ~After finishing, take care on right turn at Beaulieu Road Junction heading back towards the HQ. There will be two way traffic including riders still competing.
- Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport will be disqualified and reported to the South District Council of Cycling Time Trials.

In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise competitors to wear a hard shell helmet that meets internationally accepted safety standards. Under CTT regulations, ALL competitors under the age of 18 must wear a hard shell helmet. You must now use a working rear light either flashing or fixed, positioned on the bike to be clearly visible to following road users. This is now a compulsory requirement, any rider not having a rear light will not be able to start the event.

DO NOT FORGET A WORKING REAR LIGHT

Race Protocol

Participants will be asked to maintain social distancing. No gatherings in groups, no turbo trainer warm up . If you arrive early you will be permitted to ride on the roads to warm up or sit in your car. We will have 6 waiting spaces marked out plus the rider waiting to race at the start line, therefore please only arrive at the start line a maximum of 6 minutes before your time listed. You will not be permitted to wait if you arrive earlier.

Please do not bring friends or family members: they will not be permitted to leave their car. The only exception to this is minors who can be accompanied by a guardian from within their own household or “bubble”. They are however not permitted to enter the start area.

Riders are not permitted to ride on course with a number on their back. There are plenty of other roads where warm up is possible without riding on the course. Please be mindful of racers when arriving by bicycle.

The Time Keepers will be wearing face coverings and will be checking that riders a) have their number attached and, b) have a working rear light. If either of these are missing you will not be permitted to race . There will be no “pusher offer” and you will have to do a standing start on your own. Rolling starts will not be permitted.

Make it easy for the finish time keepers, when you cross the line, shout your number. As loud as you can. Do not approach the finish time keeper at any point for any reason. Once you have finished your race return to HQ to sign out

Race results

There will be no results at HQ. I will aim to add provisional results during the race or shortly after on New forest cycling club Facebook page which is open to all. Final results will be added to CTT asap.

In these unusual circumstances we find ourselves having to change the way we run events. The team has put a lot of work into making sure we are able to follow the government guidelines, the CTT guidance and make sure that the risk to you, us and the general public of transmitting or catching COVID-19 are kept to an absolute minimum. These restrictions are not here to make life difficult for you or the volunteer team, they are here for the above reasons but also to ensure that we are allowed to run these events. We would like to thank all our volunteers and hope that you enjoy the event.

Ride Safe. Ride Strong. Thank you for your support!

1	08:02:00	Mary	Corbett	Sotonia CC	Female	Vet(63)
1	08:02:00	Norman	Harvey	Sotonia CC	Male	Vet(87)

3	08:03:00	Conor	Orchard	Arête	Male	Juvenile(14)
4	08:04:00	Meghan	Claridge	Hardley Runners	Female	Espoir(20)
5	08:05:00	Annie	Mann	Arête	Female	Juvenile(14)
6	08:06:00	Debby	Ferre	Tri Team Wessex	Female	Vet(51)
7	08:07:00	Laura	Phillips	Arête	Female	Vet(42)
8	08:08:00	Oscar	Hoult	Velo Club Venta	Male	Juvenile(14)
9	08:09:00	Harry	Roebuck	Arête	Male	Juvenile(14)
10	08:10:00	Hannah	Syed	University of Bristol Cycling Club (UOBCC)	Female	Espoir(20)
11	08:11:00	Lucy	Phillips	Arête	Female	Juvenile(14)
12	08:12:00	Rosie	Simmons	University of Southampton RC	Female	Espoir(20)
13	08:13:00	Josh	Horner	Arête	Male	Juvenile(15)
14	08:14:00	Katie	Youp	Arête	Female	Juvenile(15)
15	08:15:00	Beverley	Hards	New Forest CC	Female	Vet(59)
16	08:16:00	Miles	Horner	Arête	Male	Juvenile(13)
17	08:17:00	Mike	Anderson	Velo Club Venta	Male	Vet(62)

18	08:18:00	Steve	Willcocks	Portsmouth North End CC	Male	Vet(43)
19	08:19:00	Michael	Dance	DHC (Districts of Hamwic Cyclesport)	Male	Vet(47)
20	08:20:00	Joshua	Nation	University of Southampton RC	Male	Espoir(20)
21	08:21:00	Martin	Horner	Arête	Male	Vet(49)
22	08:22:00	Phil	Morris	Fareham Wheelers CC	Male	Vet(62)
23	08:23:00	Sonia	Laurie	New Forest CC	Female	Vet(44)
24	08:24:00	Alex	Cassar	Petersfield Triathlon Club	Male	Senior(38)
25	08:25:00	Kenneth	Hardcastle	Hart Evolution Race Team	Male	Vet(73)
26	08:26:00	Catrin	Brown	Cycle Specific	Female	Vet(44)
27	08:27:00	Kym	Harvey	Fareham Wheelers CC	Female	Vet(55)
28	08:28:00	Murray	Quiney	Southdown Velo	Male	Vet(58)
29	08:29:00	Andy	Sheppard	3C Cycle Club	Male	Vet(44)
30	08:30:00	Philip	Burgin	Newbury RC	Male	Vet(68)
31	08:31:00	Matt	Perks	University of Southampton RC	Male	Vet(48)
32	08:32:00	Philip	Allen	Velo Club Venta	Male	Vet(47)
33	08:33:00	Ryan	Symington	Poole Whs	Male	Junior(17)
34	08:34:00	Nigel	Powell	Velo Club St Raphael	Male	Vet(60)
35	08:35:00	James	Chant	Gillingham and District Wheelers / Wheels Cycles	Male	Vet(50)

36	08:36:00	Ian	Hardcastle	Hart Evolution Race Team	Male	Vet(43)
37	08:37:00	Gary	Hull	Fareham Wheelers CC	Male	Vet(51)
38	08:38:00	Junda	Niu	University of Bristol Cycling Club (UOBCC)	Male	Espoir(20)
39	08:39:00	David	England	Crabwood CC	Male	Vet(77)
40	08:40:00	Craig	Smith	Sotonia CC	Male	Senior(31)
41	08:41:00	Oliver	Coomber	Zoom Triathlon Club	Male	Senior(38)
42	08:42:00	Michael	Round	Bournemouth Jubilee Whs	Male	Vet(55)
43	08:43:00	Ben	Schooling	New Forest CC	Male	Senior(39)
44	08:44:00	Lizzy	Stocker	Bournemouth Jubilee Whs	Female	Senior(32)
45	08:45:00	Pete	Coombs	New Forest CC	Male	Vet(52)
46	08:46:00	Liam	Kemp	University of Southampton RC	Male	Espoir(22)
47	08:47:00	Richard	Ferre	Tri Team Wessex	Male	Vet(51)
48	08:48:00	Michelle	Walter	Bournemouth Arrow CC	Female	Vet(59)
49	08:49:00	Oliver	Berney	Utag RT	Male	Vet(52)
50	08:50:00	Oscar	Palmer	Team Surrey Cycling	Male	Senior(23)
51	08:51:00	Barry	Hards	New Forest CC	Male	Vet(62)
52	08:52:00	Adrian	Watkins	Tornado Road Cycling Club	Male	Vet(52)
53	08:53:00	Stephen	Skinner	Velo Club St Raphael	Male	Vet(64)

54	08:54:00	Ian	Turner	Tornado Road Cycling Club	Male	Vet(52)
55	08:55:00	Matt	Norris	Banbury Star Cyclists' Club	Male	Vet(52)
56	08:56:00	Louisa	Cooper	Bournemouth Jubilee Whs	Female	Senior(38)
57	08:57:00	Darren	Lyons	Velo Club Venta	Male	Senior(34)
58	08:58:00	Andrew	Stewart	Lindfield Coffee Works	Male	Vet(48)
59	08:59:00	Pete	Wilson	Bournemouth Arrow CC	Male	Vet(67)
60	09:00:00	Tony	Emery	Dursley Road Club	Male	Vet(73)
61	09:01:00	Richard	Wyeth	Tornado Road Cycling Club	Male	Vet(45)
62	09:02:00	Frankie	Whitwell	Bradford-on-Avon Cycling Club	Male	Senior(36)
63	09:03:00	Nicholas	Buck	Team Surrey Cycling	Male	Senior(22)
64	09:04:00	Paul	Molesworth	Woking Cycle Club	Male	Vet(44)
65	09:05:00	Adam	Mitchell	Zoom Triathlon Club	Male	Senior(38)
66	09:06:00	Neil	Langley	Hampshire Road Club	Male	Vet(45)
67	09:07:00	Stuart	Peckham	Velo Club St Raphael	Male	Vet(50)
68	09:08:00	Kirsty	McSeveney	...a3crg	Female	Senior(39)
69	09:09:00	Stuart	Thompson	Velo Club St Raphael	Male	Vet(46)
70	09:10:00	Sacha	Ring	New Forest CC	Male	Vet(49)

71	09:11:00	Martin	Beale	Velo Club St Raphael	Male	Vet(47)
72	09:12:00	Michael	Akers	New Forest CC	Male	Senior(34)
73	09:13:00	Stefan	Gloyn	Army Cycling	Male	Senior(35)
74	09:14:00	Paul	Ashley	Fareham Wheelers CC	Male	Vet(45)
75	09:15:00	Drew	Hosie	...a3crg	Male	Vet(56)
76	09:16:00	Sebastian	Lea	London Dynamo	Male	Senior(33)
77	09:17:00	Andrew	Rivett	Velo Club St Raphael	Male	Vet(49)
78	09:18:00	Paul	Winchcombe	Chippenham & District Wheelers	Male	Vet(61)
79	09:19:00	Jacob	Schnabel	Meudon Pedal Heaven Le Col RT	Male	Junior(16)
80	09:20:00	Harry	Johnson	NOPINZ Symec Race Team	Male	Espoir(19)
81	09:21:00	Darren	Orchard	Wessex Road Club	Male	Vet(41)
82	09:22:00	Frank	Kilsby	Velo Club St Raphael	Male	Senior(26)
83	09:23:00	Faye	Faber	CycleCoach.com	Female	Senior(37)
84	09:24:00	Tom	Stocker	Bournemouth Jubilee Whs	Male	Senior(31)
85	09:25:00	Nick	Tarmey	Velo Club Venta	Male	Vet(42)
86	09:26:00	Luke	Norris	Banbury Star Cyclists' Club	Male	Senior(26)
87	09:27:00	Terry	Icke	Velo Club St Raphael	Male	Vet(76)
88	09:28:00	Ian	Patterson	Utag RT	Male	Vet(54)

89	09:29:00	Matt	Fisher	Newbury Velo	Male	Vet(47)
90	09:30:00	Paul	Jones	Primera- Teamjobs	Male	Vet(49)
91	09:31:00	James	Fox	Velo Club Venta	Male	Senior(37)
92	09:32:00	Simon	Church	trainSharp	Male	Vet(54)
93	09:33:00	Brendan	Reese	Army Cycling	Male	Vet(43)
94	09:34:00	Bryce	Dyer	AeroCoach	Male	Vet(45)
95	09:35:00	Matthew	Buckley	Velo Club St Raphael	Male	Senior(28)
96	09:36:00	James	Fawcett	...a3crg	Male	Vet(54)
97	09:37:00	Ant	Gritton	Sotonia CC	Male	Senior(32)
98	09:38:00	Callum	McQueen	ActiveEdge Race Team P/B Cooper/BMW Inchcape	Male	Espoir(20)
99	09:39:00	Neil	Mackley	...a3crg	Male	Vet(57)
100	09:40:00	Thomas	Day	Zannata Galloo Team	Male	Junior(18)